Hemisphere Stations

Left Hemisphere	Right Hemisphere
Activity:	Activity:
On a scale of 1 to 5, how difficult was the activity? • 1 = easy peasy, lemon squeezy! • 5 = my brain hurts, it was so difficult!	On a scale of 1 to 5, how difficult was the activity? • 1 = easy peasy, lemon squeezy! • 5 = my brain hurts, it was so difficult!
On a scale of 1 to 5, how did you much did you enjoy the activity? • 1 = ughhh, not fun! • 5 = It is my favorite thing to do!	 On a scale of 1 to 5, how did you much did you enjoy the activity? 1 = ughhh, not fun! 5 = It is my favorite thing to do!

Based on my ratings, I think I am ______ hemisphere dominant.



Hemisphere Reflection



Which hemisphere did you enjoy using the most?

What hemisphere are you more comfortable using when completing activities?

Think about the hemisphere that was more difficult for you. How would you develop deeper thinking skills to strengthen that hemisphere?